

Introduction To Tantra The Transformation Of Desire Lama Thubten Yeshe

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Introduction To Tantra The Transformation

And according to the tantric teachings of Buddhism, this remarkable transformation can be realized very quickly if we utilize all aspects of our human energy—especially the energy of our desires. Introduction to Tantra is the best available clarification of a subject that is often misunderstood. Tantra recognizes that the powerful energy aroused by our desire is an indispensable resource for the spiritual path.

Amazon.com: Introduction to Tantra: The Transformation of ...

This book is an amazing introduction to the esoteric world of Tantra. Lama Yeshe is witty and knowledgable, and it shows. This is one of the few books on Tantra that tells it as it is; no mincing words, no omission of 'awkward details,' and no pompous glorification of methods involving sex, alcohol, and meat.

Introduction to Tantra: The Transformation of Desire by ...

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Introduction to Tantra: The Transformation of Desire ...

This is a fantastic introduction to the science and phillosophy of tantra. I can't over state how clearly and generally well written this book is. It covers the nature of human desire describes how it can be transformed into awakening, instead of trapping us in a cycle of thirsting for more and more without any real satisfaction.

Introduction to Tantra: The Transformation of Desire ...

Introduction to Tantra: The Transformation of Desire For me it showed me how “leaky” I was with my desire, and how much effort and energy goes into factors which weren’t getting me anywhere and just making me frustrated. Got a little redundant. The Transformation of Desire.

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Introduction to Tantra - The Wisdom Experience

This is the introduction to tantra book to get. Lama Yeshe's teaching style was direct and useable. This is a transformational book and a book I am often recommending to friends who are interested in Buddhism and in Tantra. Anyone interested in Buddhist tantra should read this.

Amazon.com: Customer reviews: Introduction to Tantra: The ...

THE MATERIAL THAT MAKES UP this introduction to the often mis understood world of Buddhist tantra was compiled from teachings given between 1975 and 1983 by the late Tibetan monk Thubten Yeshe, known affectionately to his many students around the world as Lama Yeshe.

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Introduction to Tantra, first published in 1987, republished by Wisdom in 2001, and now reissued in 2014, has become a classic introduction to Vajrayana Buddhism. Based on teachings given by the Gelug (dge lugs)trained Tibetan monk Lama Yeshe (1935-1984) to his Western students, the book begins with a general overview of basic Buddhist teachings.

Introduction to Tantra: The Transformation of Desire ...

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