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generosity, stillness, truth, candor, play, forgiveness, compassion, and community. Each area is explained fully and also cites examples to go along with the authors belief. Of course, there's more to leading a happy life than the 8 mentioned.

**8 Habits of Love:
Open Your Heart,
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The eight habits of love, according to Ed Bacon, are generosity, stillness, truth, candor, play, forgiveness, compassion and community. All of these are very worthy goals and areas that anyone could pay more attention to. This self-help book is presented in the most open spirit of acceptance and love.

8 Habits of Love:
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**Open Your Heart,
Open Your Mind by
Ed Bacon**

He offers eight simple habits-play, forgiveness, stillness, truth, candor, compassion, community, generosity- to change the way we think and behave. The habit of generosity opens hearts so one may give and receive. Practicing the habit of candor deepens relationships, and the

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stillness habit restores
a calm confidence.

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developing simple habits-stillness, truth, forgiveness, compassion, play, candor, generosity, and community-and by asking such important questions as: How do I know I'm living the life I should be? How do I forgive those who have hurt me?

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important to leading a successful life. They are the habits of generosity, stillness, truth, candor, play, forgiveness, compassion, and community. Each area is explained fully and also cites examples to go along with the authors belief. Of course, there's more to leading a happy life than the 8 mentioned.

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He offers eight simple
habits—play,
forgiveness, stillness,
truth, candor,
compassion,
community,
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the way we think and
behave. The habit of
generosity opens
hearts so one may...

**Nonfiction Book
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Love: Open Your
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He offers eight simple
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habit of generosity opens hearts so one may give and receive. Practicing the habit of candor deepens relationships, and the stillness habit restores a calm confidence.

8 Habits of Love - Ed Bacon

It's states the 8 things important to leading a successful life. They are the habits of generosity, stillness, truth, candor, play,

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and finding our own
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HABITS OF LOVE will
show, through
relatable stories, how
to create a full,
meaningful life by
developing simple
habits-stillness, truth,
forgiveness,
compassion, play,
candor, generosity,
and community-and by
asking such important
questions as: How do I

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8 Habits of Love: Open Your Heart, Open Your Mind

The 8 Habits of Love outlined in this book help us access that core of love and power within each one of us. We Are All Beloved On a Sunday morning some years ago, Ellen introduced herself to me after a worship service.

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Book Excerpt: 8 Habits of Love by the Rev. Ed Bacon

He offers eight simple habits-play, forgiveness, stillness, truth, candor, compassion, community, generosity- to change the way we think and behave. The habit of generosity opens hearts so one may give and receive. Practicing the habit of candor deepens

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Ed Bacon has seen
firsthand the
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of love. Through illuminating stories and invaluable advice, he now reveals how we can create full and ...

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8 Habits of Love: Open Your Heart, Open Your Mind, by Ed Bacon, is a book that can help you think about your own life, your place in the world and how you

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relate to others. The eight habits include practices such as generosity, stillness, play and forgiveness. I found myself reflecting on my own life in all these areas as I read.

**Book Review: 8
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Margaret Marcuson**
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living life through love and connection, not fear and isolation, by a respected pastor and a frequent guest on Oprah's Soul Series.

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Readers will learn how insecurity can keep us from connecting with others, our loving self, and finding our own peace, joy, and

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creative power. 8
HABITS OF LOVE will
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**8 Habits of Love:
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RB: I began learning to love taking my health more seriously, implementing juicing, and [taking] a more holistic approach to my eating habits in addition to journaling my feelings, thoughts, and ...

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